

Annex 1 : List of Outdoor Activities

Contract number 17.020200/12/624470

List of outdoor activities (EQFOA, 2008) ¹

Lakes & sea	Snow	Earth	Stream	Air
<i>Main Activities</i>	<i>Main Activities</i>	<i>Main Activities</i>	<i>Main Activities</i>	<i>Main Activities</i>
Beach games	Alpine skiing	Group A	Canoeing	Hot air balloon
Board surfing	Crosscountry skiing	Hiking - Walking	Fishing	Parachuting
Body board surfing	Ice fishing	Nature discovering	Hydro speed	Paragliding
Buggy sailing	Ice skating	Nordic walking	Kayaking	Parapenting
Canoeing	Kick sledding	Orienteering	Rafting	ULM flying
Deep sea fishing	Kite skiing		Rapid swimming	
Diving	Mountaineering	Group B		
Jet skiing	Musher	4X4 driving		
Kayaking	New tools	ATB biking		
Kite surfing	Ski joering	Cycling		
Parasailing	Ski trekking	Horse riding		
Sailing	Sledging	Quad riding		
Wake boarding	Snow shoes trekking	Roller skating		
Water skiing	Snowboarding			
Wind surfing	Snowmobile	Group C		
	Telemark skiing	Abseiling		
		Bungee jumping		
		Canyoning		
		Caving		
		High ropes parks		
		Rock climbing		
		Via ferrata		
		Group D		
		Archery		
		Assault courses		
		Paint ball		
		Shooting activities		

¹ EU (Leonardo da Vinci), European Qualification Framework for Outdoor Animators –EQFOA, (Contract number 17.020200/12/624470), 2006-2008.